

Nutrition Facts

Serving size 1.5 cup (76g)

3 Servings per container

Amount per serving

Calories 60 Calories from fat 0

% Daily Value

Total Fat 0g **0%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 40mg **2%**

Total Carbohydrate 13g **5%**

Dietary Fiber 2g **6%**

Sugars 4g

Protein 1g

Vit. D 0mcg 0% Calcium 30mg 2%

Iron .4mg 2% Potas. 257mg 6%

*Percentage daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.