

# Nutrition Facts

Serving size 1.5 cup (76g)

3 Servings per container

Amount per serving

**Calories 15**      Calories from fat 0

% Daily Value

**Total Fat** 0g      **0%**

Saturated Fat 0g      **0%**

Trans Fat 0g

**Cholesterol** 0mg      **0%**

**Sodium** 6mg      **0%**

**Total Carbohydrate** 3g      **1%**

Dietary Fiber 2g      **6%**

Sugars 1g

**Protein** 1g

Vit. D 0mcg 0%      Calcium 16mg 0%

Iron .3mg 0%      Potas. 202mg 4%

\*Percentage daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.